



VEGAN



Starters

- Bruschette with raw vegan dressings and shoots
€7,00
- Ratatouille with goji berries and pine nuts
€9,00
- Mixed grilles vegetables with dates, shoots and nuts
€9,00



First courses

- Quinoa** with zucchini, carrots, scallion and chia seeds
€10,00
- Mediterranean **Cous Cous**
€8,00
- Basmati rice** with curry, pine nuts and goji berries
€9,00

PINSA ROMANA

Pinsa is a typical Roman pizza made with rice flour, soybean flour and wheat flour, all rigorously no OGMs. For our Pinsa we only use fresh and seasonal products.

Vegan avocado, vegan raw mayonnaise, cherry tomatoes, sesame seeds €10,00

Esotica pineapple, corn, basil, mango dressind, shots €10,00

Campagnola peppers, zucchini, eggplant, pine nuts, goji berries, shoots and raw tzaziki sauce €10

Goji baby spinach, peppers, goji berries, nuts, thai dressing €9

Scarola endive, raisins, pine nuts and olives €9

Salads

- VITAMINIZZANTE:** cucumbers, melon, pineapple, basil, shoots and mango dressing
€12,00
- PURIFICANTE:** baby spinach, peppers, goji berries, celery, fennel, thai dressingi €12,00
- ENERGIZZANTE:** valeriana, avocado, cherry tomatoes, nuts, almonds, sunflower seeds, raw tzaziki sauce €12,00
- FORTIFICANTE:** rocket salad, cherry tomatoes, red onion, mushrooms, nuts, sesame seeds and mix of raw dressings
€10,00
- ANTIOSSIDANTE:** baby spinach, nuts, pear, pomegranate, scallion, balsamich vinegret sauce €10,00

Desserts

- Vegan truffle with cherry and coconut
€4,50
- Raw vegan brownies
€5,00
- Mixed sliced tropical and seasonal fruits
small €9,00 *big* €13,00

Our dressings are home made.